

By

Moving on - A workbook for Year 6 students

Introduction

Moving on is usually a happy and sad process.

We are happy when we complete what we have been doing and are offered new experiences and challenges. It is a sign we are growing up and able to be more independent.

We are sad because moving on means leaving the teachers and the school we know, and sometimes some friends. It means dealing with lots of changes.

This work book is written to help you think with your teacher and class mates about moving on to secondary school.

Designed and written by Anne Peake

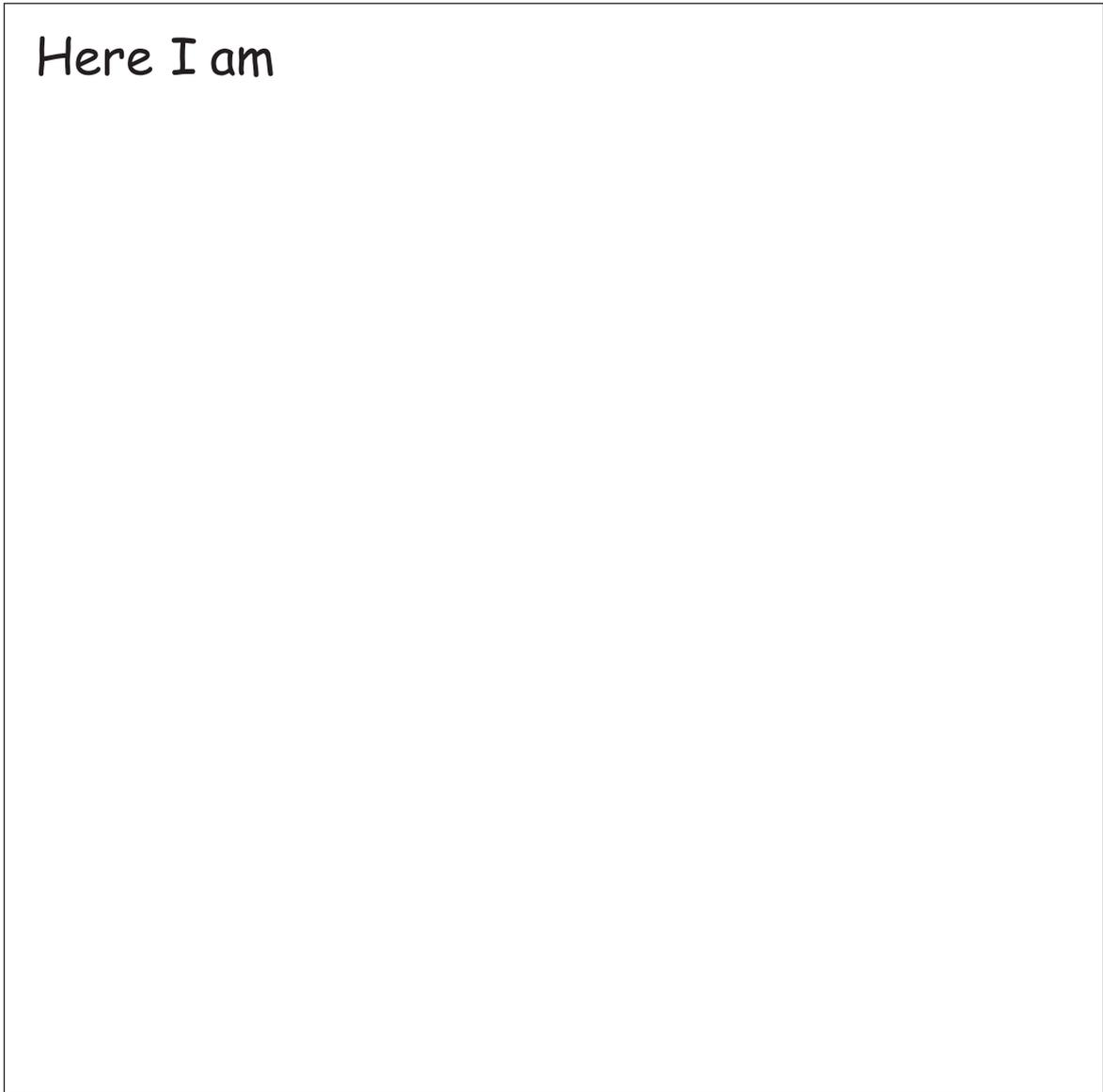
Art work by Clem Bannell

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My name is

I go to School

Here I am



I leave my school on

In

I am going to

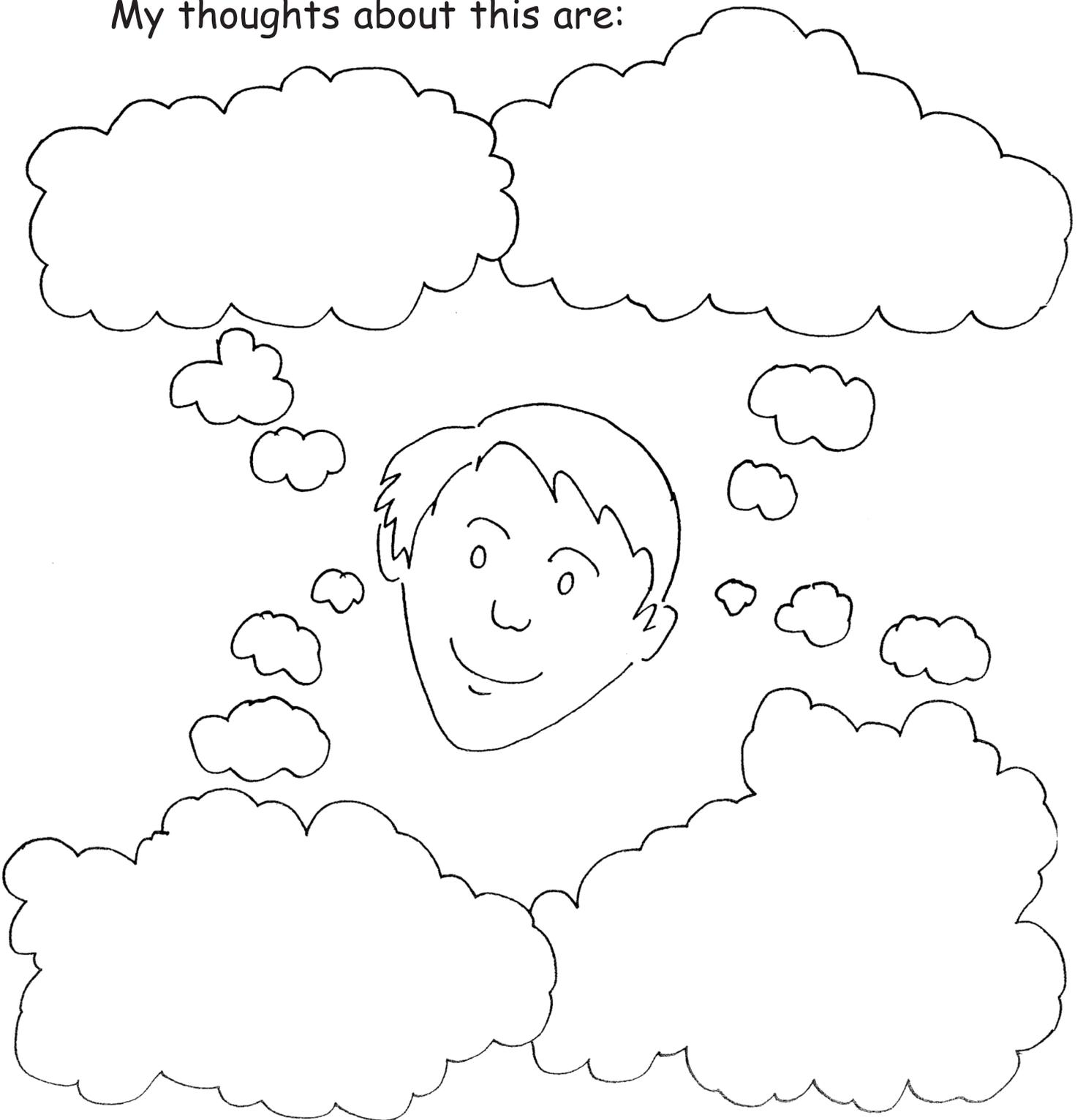
Here is a drawing of my new school badge

I travel to school now

When I go to Secondary school

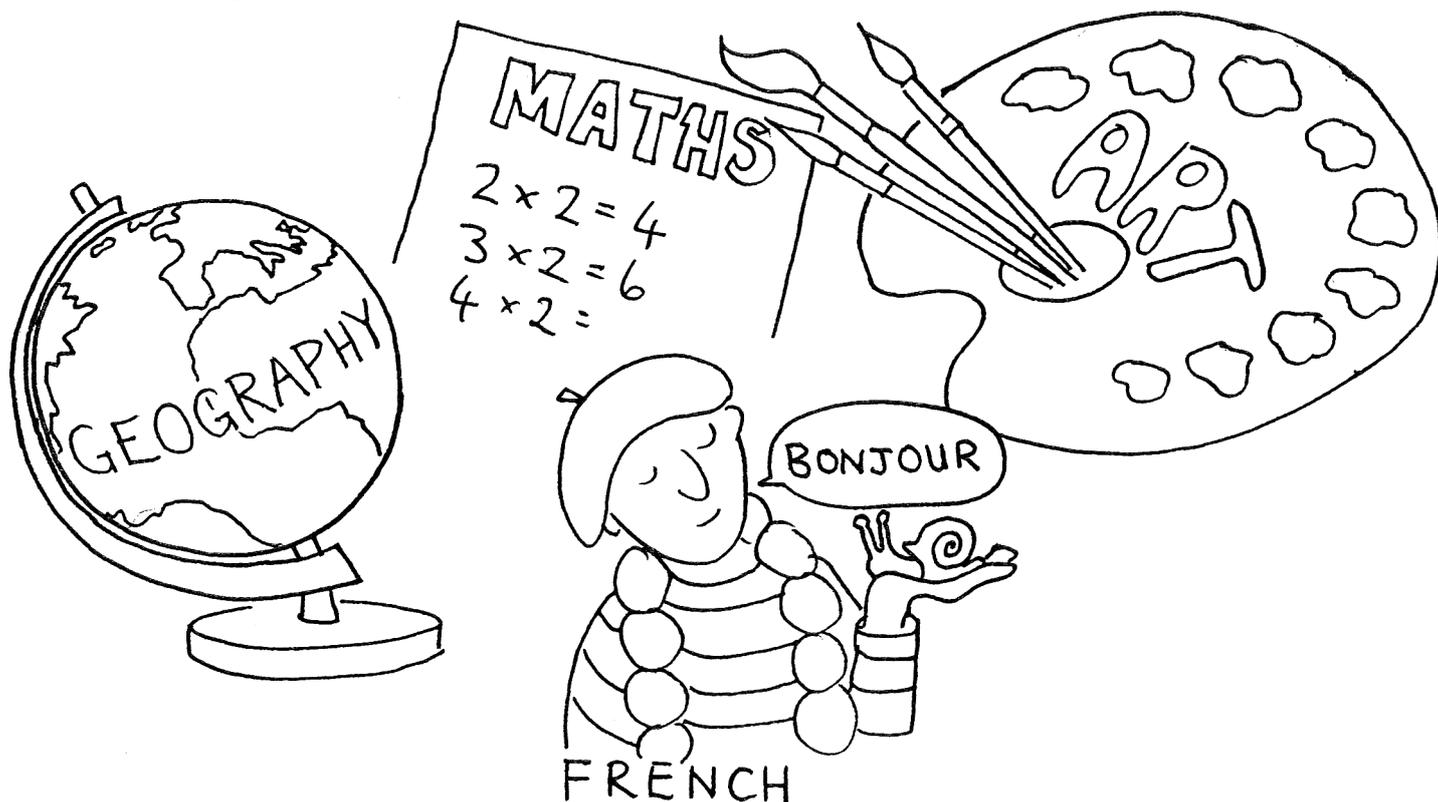
I will travel

My thoughts about this are:



My teacher now is

When I move schools I will have lots of teachers, different teachers for different subjects.



My form teacher will be

My Head of Year will be

My form teacher will be

My Head of Year will be

I will have a timetable of my lessons.

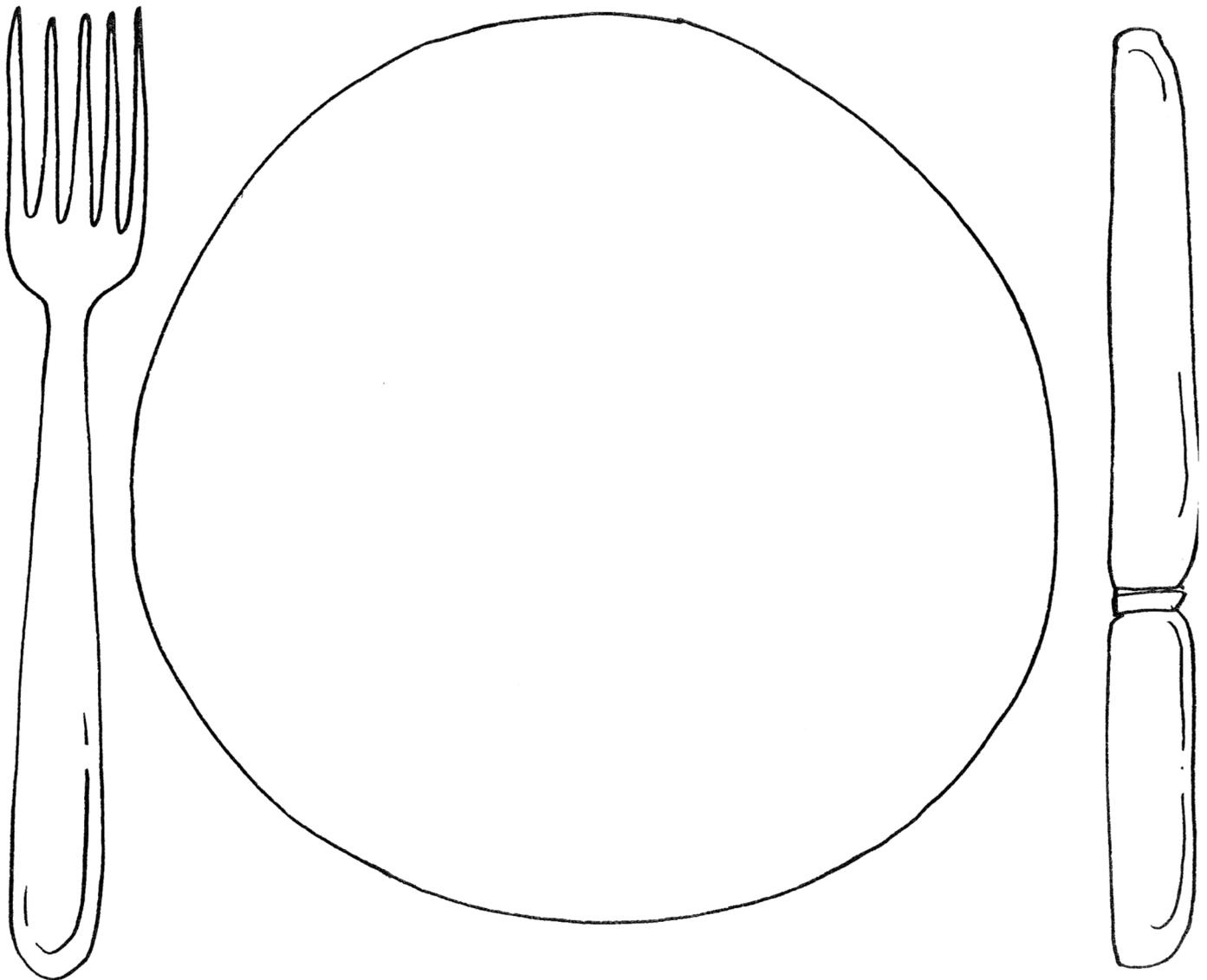
A copy of a timetable

Paste timetable in here

1. How many lessons are there each day?
2. What is the first lesson of the week?
3. What is the last lesson before lunch on Tuesday?
4. How many lessons are there in the afternoons?
5. What lesson is just after lunch on Thursday?
.....
6. What is the last lesson on Friday?
.....
7. How many double lessons are there during the week?
8. How often are there English lessons?
.....
9. When is PE?
10. Which subject would be new to you?
.....
11. Are you worrying about any subject, which one and why?
12. Which day do you think will be your favourite day and why?

At lunchtime now I

My favourite lunch is



Draw your favourite lunch.

Which lunch do you think you will like most?

.....

Look at the school's menus.

1. Work out the cost of the following:

1 cheeseburger

Large French fries

Regular cold drink

Homemade cake

Total cost .. _____

2. Plan a meal you would like to eat and then list what you would buy and the cost of each item. Add up the total cost.

.....

.....

.....

.....

.....

1. Make a list of all the choices which have protein in them.

.....
.....
.....
.....
.....

4. Make a list of all the choices which have carbohydrates in them.

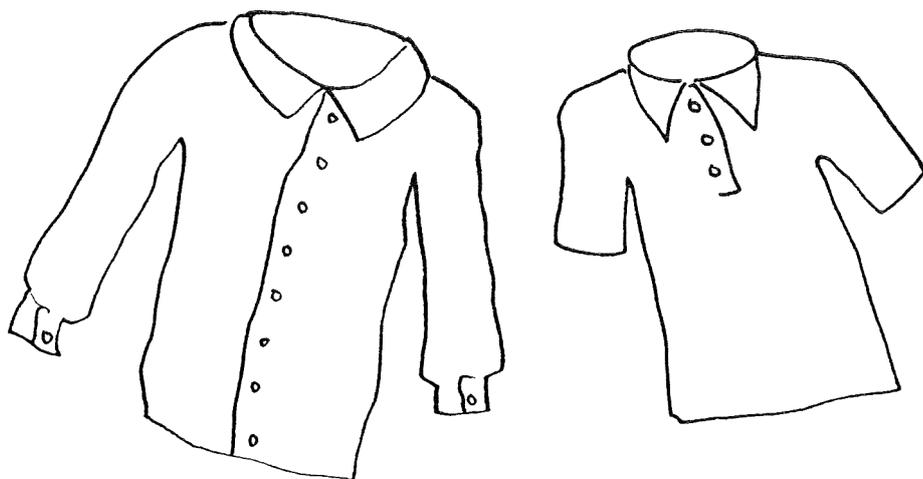
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5. What benefits do we get from fruit and vegetables?

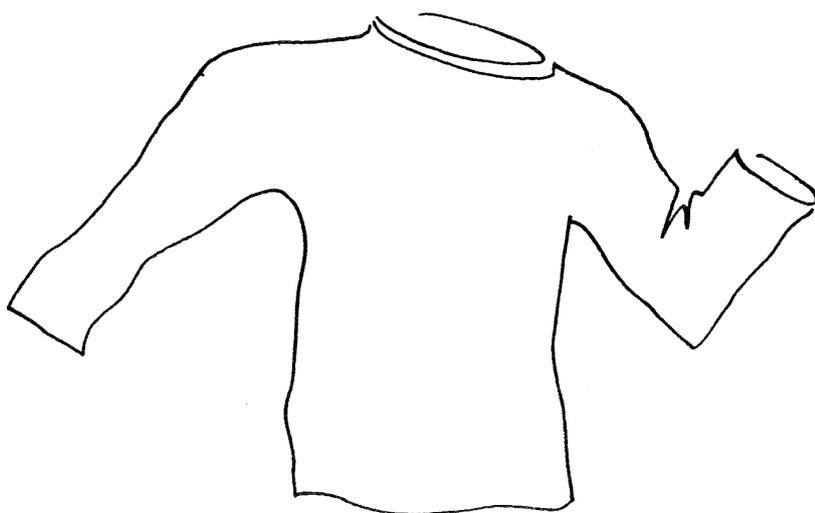
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Are they on the menus?

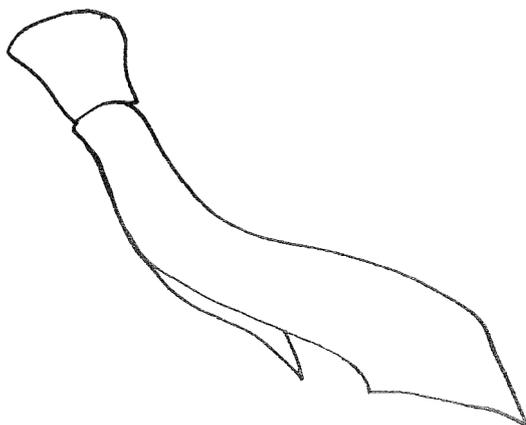
The school uniform will be



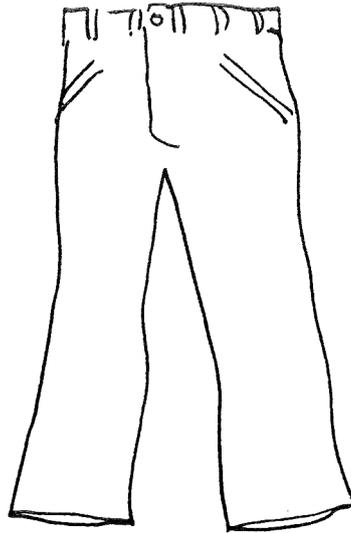
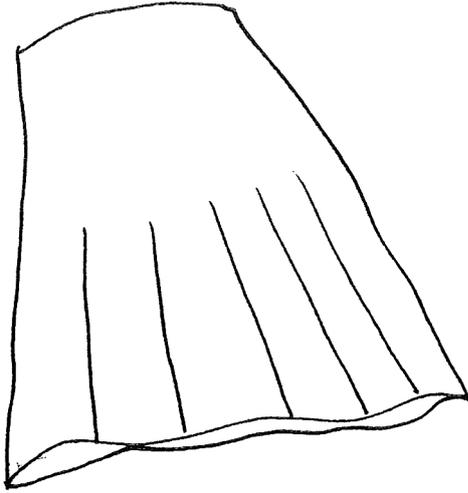
shirt
blouse
polo shirt



jumper



tie



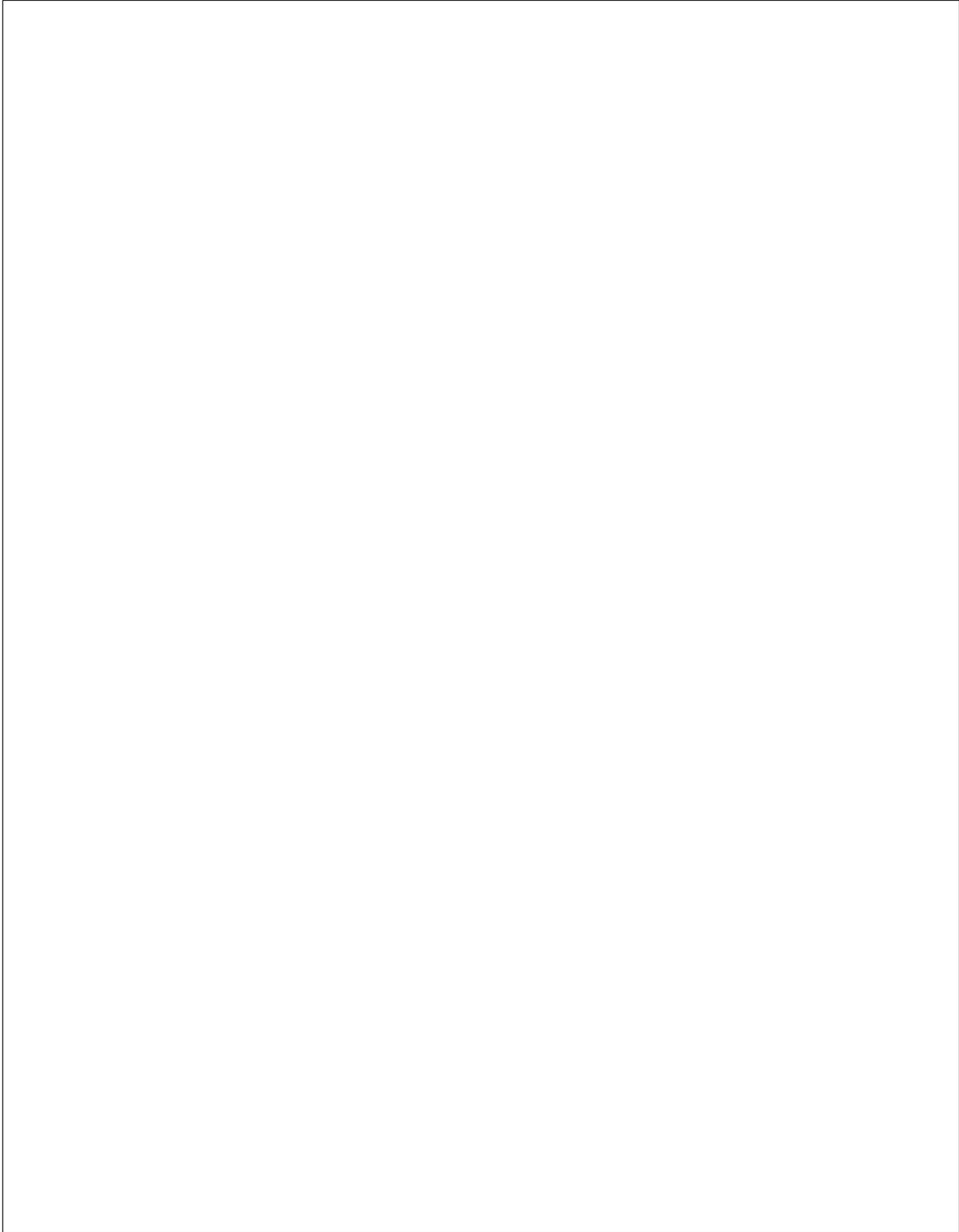
skirt
trousers



shoes

Colour in the uniform with the school colours.

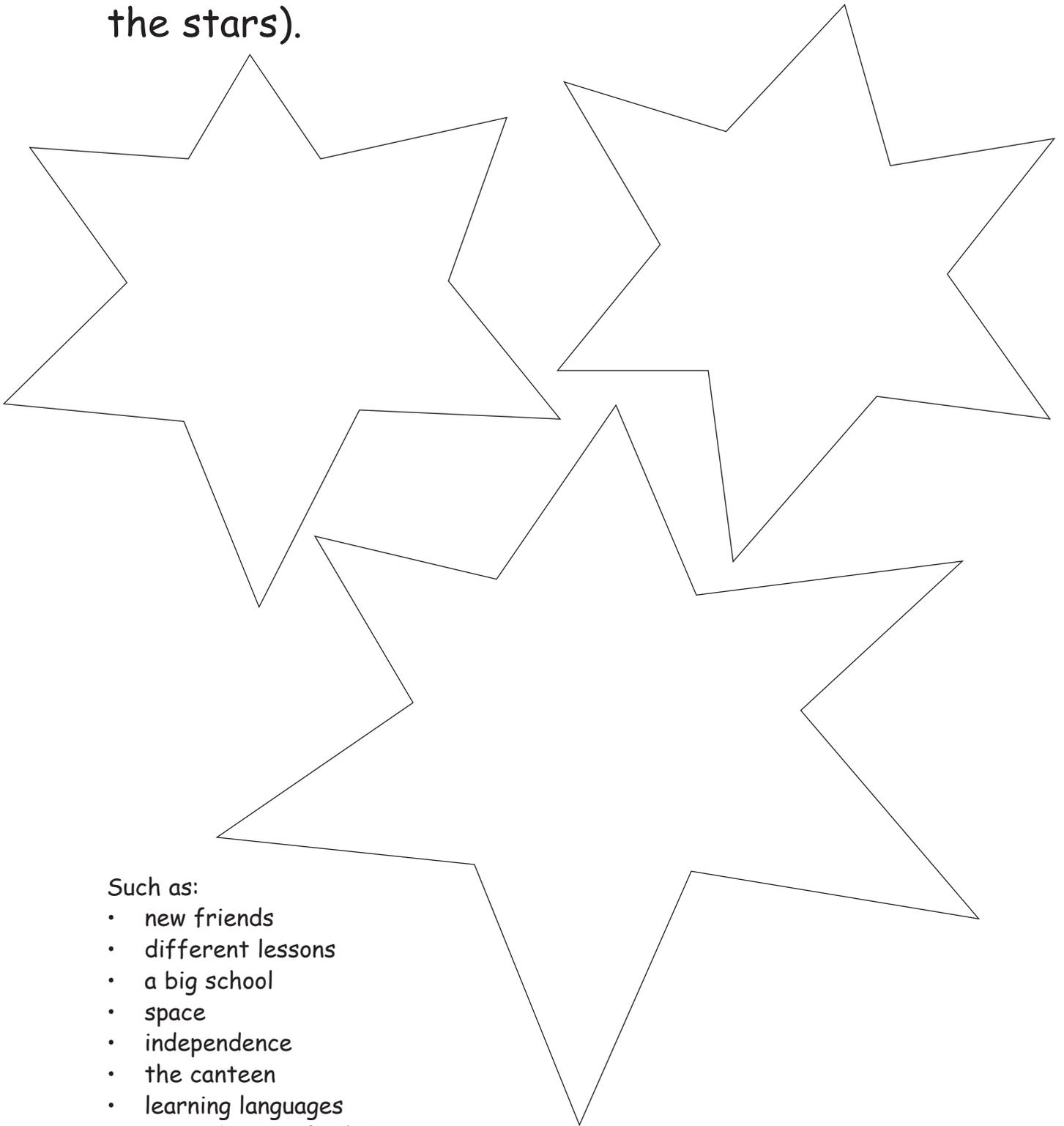
Stick in a plan of your secondary school.



Look at the plan carefully and see if you can answer the following:

1. Where do the school buses stop?
(Draw a bus arriving with children getting off).
2. Draw an arrow showing the main entrance.
3. Colour in the school office in red.
4. Colour in the canteen/dining room in blue.
5. Colour in the Gym green.
6. If it was raining and you had to walk from PE in the Gym to lunch, would you get wet?
7. Find the music room and draw a note on it.
8. Is there a Science block, colour it yellow?
9. Is the staff room on the ground floor?
10. Where is the staff car park? Draw cars parked there.
11. Are there tennis courts? Mark them on your plan.
12. Where is the swimming pool?

I am looking forward to:
(write about what you are looking forward to in
the stars).

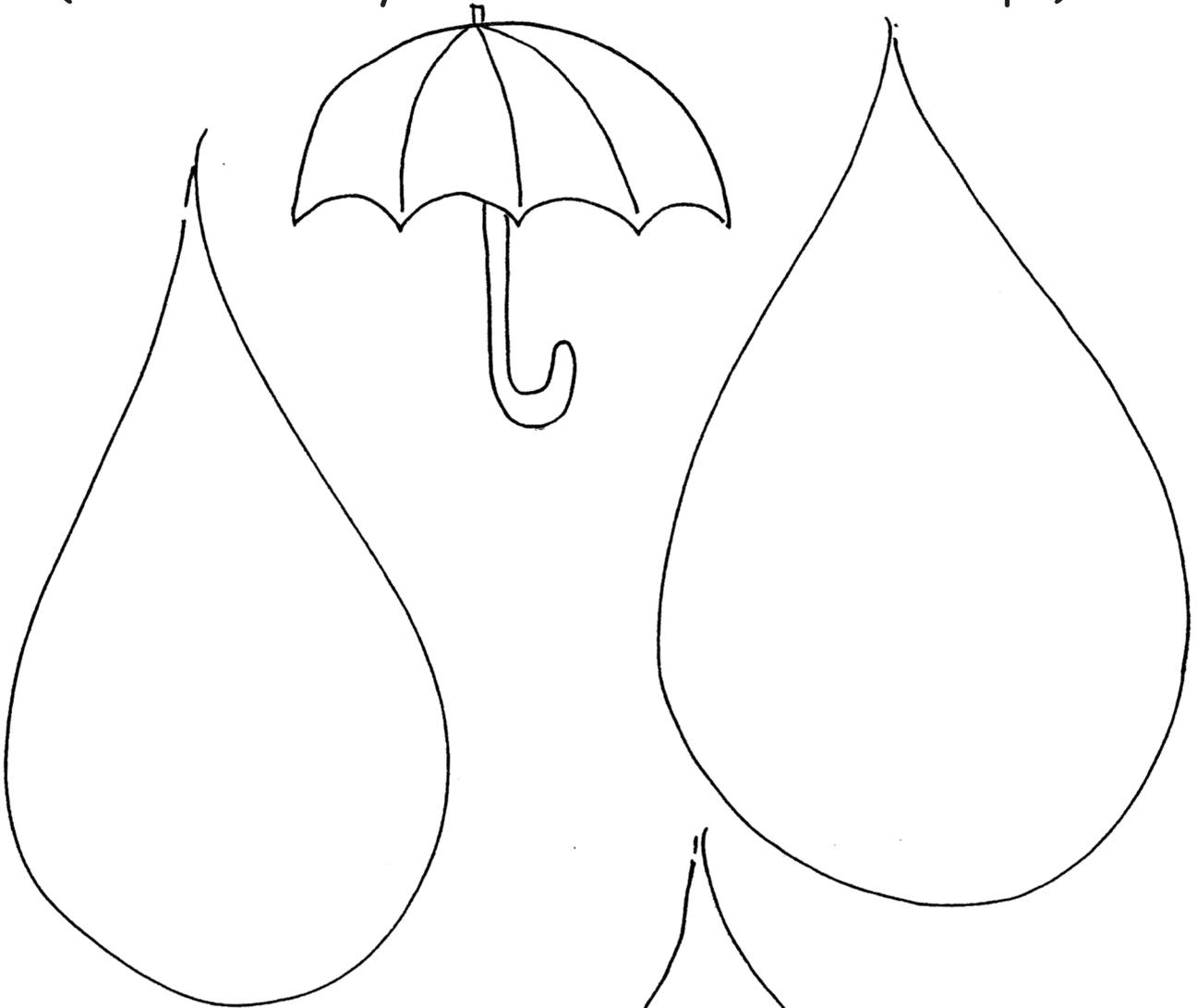


Such as:

- new friends
- different lessons
- a big school
- space
- independence
- the canteen
- learning languages
- games/sports facilities
- homework
- the teachers

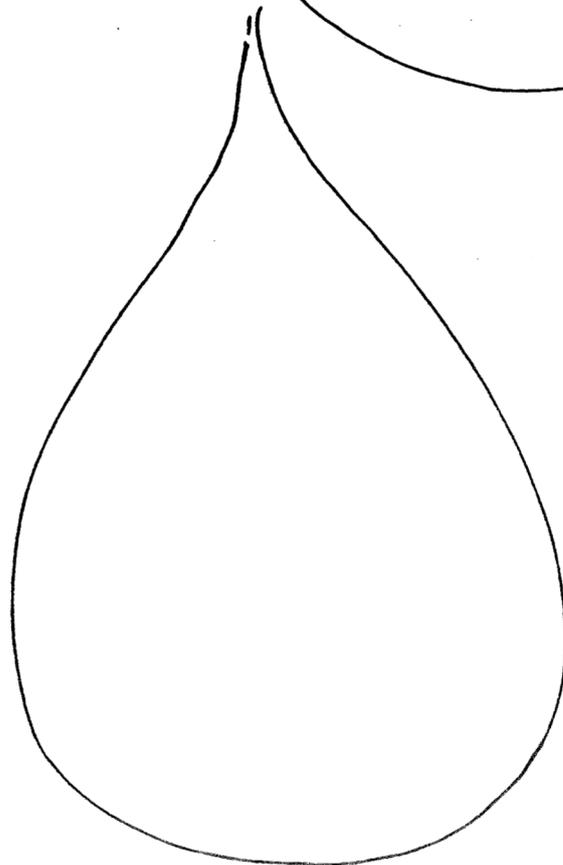
I am most worried about:

(Write about your worries in the raindrops)



Such as:

- changes
- a big school
- space
- games/sport
- being bullied
- travelling further
- getting lost
- homework
- the numbers of children
- the teachers
- stories I have heard



If you are worried about homework



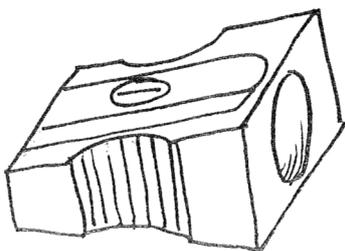
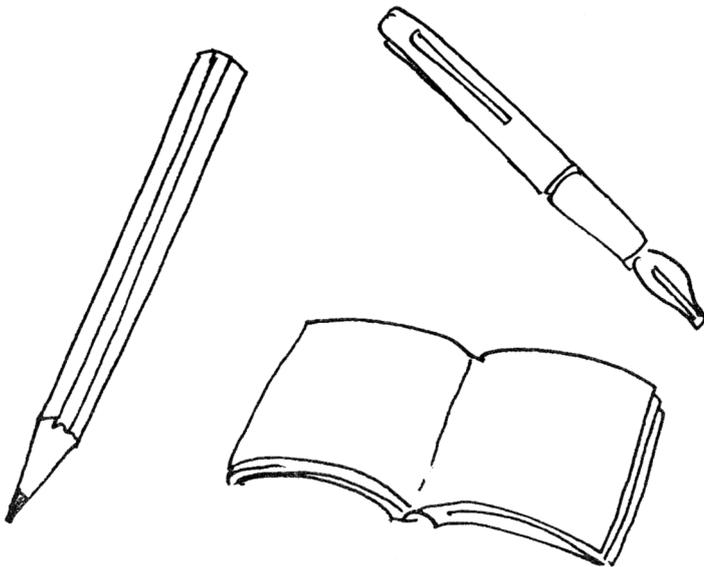
Try to get some information from books at home, a computer at home or in the computer room in school, the school library.

Ask your mum or dad or brother or sister to help.

Ring a friend who is in the same class and share ideas, don't copy.

If you are really stuck, ask a parent to put a note in your book explaining you have tried!

Talk to the teacher when you next have the lesson for the work you are stuck with.



BULLYING HURTS

If it happens to you:

tell a friend

tell your parents

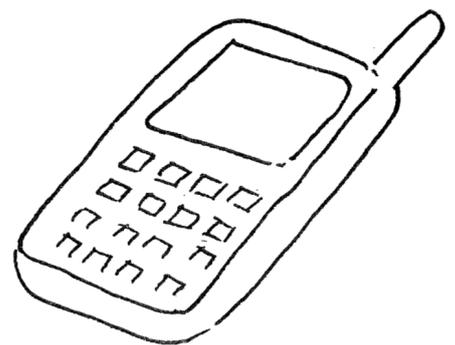
tell your form teacher

tell the Head of Year

tell the office staff

tell someone you trust

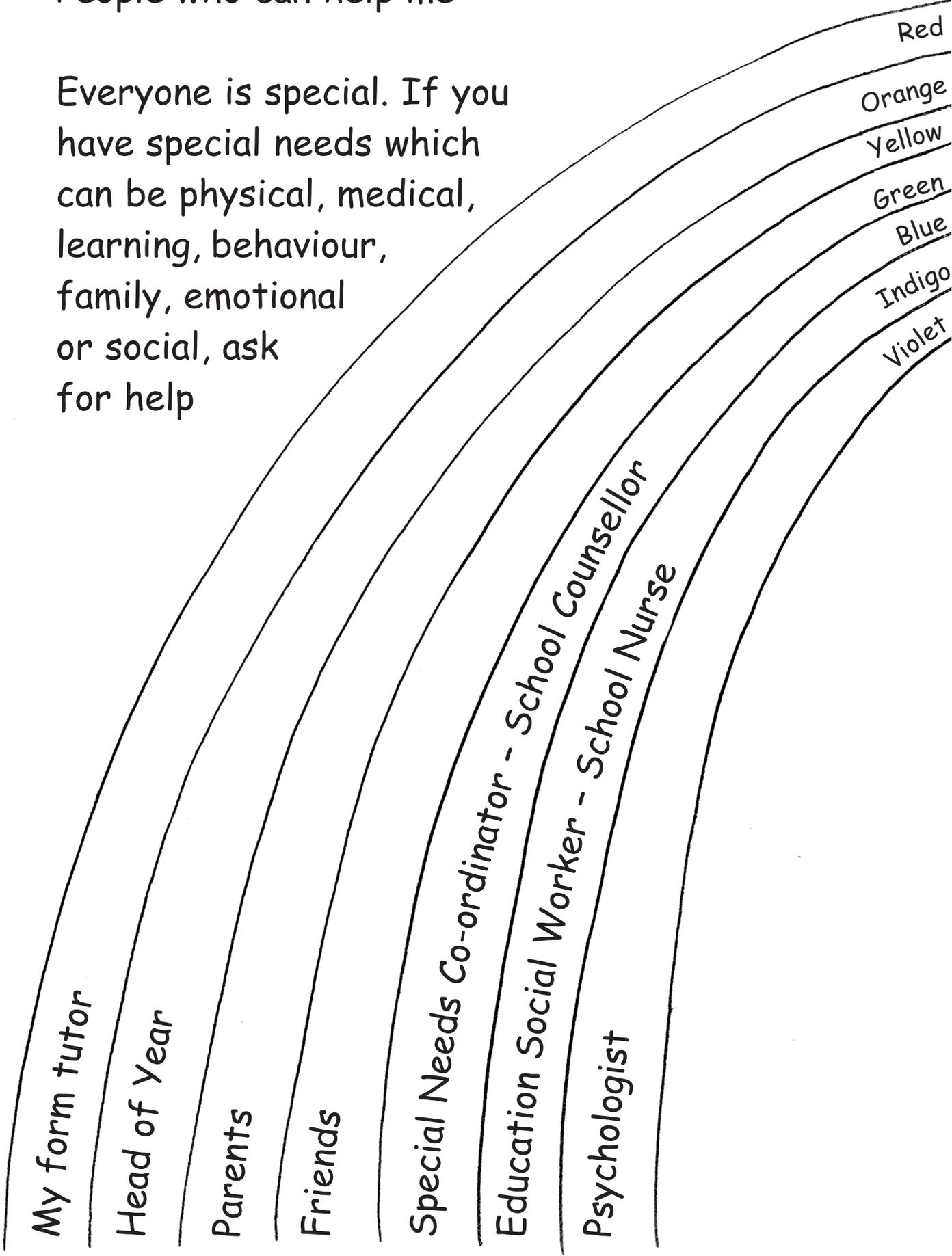
phone Childline 0800-1111



**Remember bullying hurts -
don't do it!**

People who can help me

Everyone is special. If you have special needs which can be physical, medical, learning, behaviour, family, emotional or social, ask for help



MESSAGE BOARD

As the time comes to move on, get your friends and teachers to write messages here.



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