

Year 1 Musical Progression Guide

Black text: Most children will be working at this expected standard. **Blue text:** Others will be working at greater depth.

Unit 1: My Musical Heartbeat

Musicianship: Understanding Music		Musicianship: Improve Together - Activity 1	
Tempo: 100bpm Time signature: 4/4 Key signature: C major	Rhythmic patterns using: Minims, crotchets and quavers Melodic patterns: C, G	Tempo: 100bpm Time signature: 4/4	Key signature: C major Improvise section using: C, D, E

Songs	Instrumental Notes		Improvising	Composing	
	Part 1	Part 2	3 notes	3 notes	5 notes
Find The Beat	N/A	N/A	N/A	N/A	N/A
1-2-3-4-5 (Glockenspiel) 4/4, C major, 132bpm	C, D, E, F, G (Crotchets)	C, D (Minims)	C, D, E	C, D, E	C, D, E, F, G
Head, Shoulders, Knees And Toes	N/A	N/A	N/A	N/A	N/A
Shapes (Glockenspiel) 4/4, C major, 96bpm	C, D, E (Crotchets)	C, D (Crotchets)	C, D, E	C, D, E	C, D, E, F, G
We Talk To Animals	N/A	N/A	N/A	N/A	N/A
We Are Together (Glockenspiel) 3/4, C major, 124bpm	C, E, G (Crotchets)	C, E (Crotchets)	N/A	N/A	N/A

Unit 2: Dance, Sing and Play!

Musicianship: Understanding Music		Musicianship: Improvise Together - Activity 1
Tempo: 96bpm Time signature: 4/4 Key signature: F major	Rhythmic patterns using: Minims, crotchets and quavers Melodic patterns: F, C	As Unit 1

Songs	Instrumental Notes		Improvising	Composing	
	Part 1	Part 2	3 notes	3 notes	5 notes
Twinkle, Twinkle, Little Star (Glockenspiel) 4/4, D major, 106bpm	D, E, F# (Crotchets)	D, F# (Crotchets)	D, E, A	N/A	N/A
In The Orchestra	N/A	N/A	N/A	N/A	N/A
Daisy Bell (Bicycle Built For Two)	N/A	N/A	N/A	N/A	N/A
Dancing Dinosaurs (Glockenspiel) 4/4, C major, 132bpm	C, D, E (Crotchets)	C, D (Crotchets)	C, D, E	N/A	N/A
Rock-a-bye Baby	N/A	N/A	N/A	N/A	N/A
I'm A Little Teapot	N/A	N/A	N/A	N/A	N/A

Unit 3: Exploring Sounds

Musicianship: Understanding Music		Musicianship: Improve Together - Activity 2	
Tempo: 98bpm Time signature: 4/4 Key signature: G major	Rhythmic patterns using: Minims, crotchets and quavers Melodic patterns: G, D	Tempo: 96bpm Time signature: 4/4	Key signature: F major Improvise section using: F, G, A

Songs	Instrumental Notes		Improvising	Composing	
	Part 1	Part 2	3 notes	3 notes	5 notes
If You're Happy And You Know It	N/A	N/A	N/A	N/A	N/A
Sing Me A Song (Glockenspiel) 3/4, F major, 176bpm	F, G, A (Minims)	F, G (Minims)	F, G, A	F, G, A	F, G, A, C, D
Sparkle	N/A	N/A	N/A	N/A	N/A
Rhythm In The Way We Walk	N/A	N/A	N/A	N/A	N/A
Big Bear Funk (Glockenspiel) 4/4, D minor, 109bpm	C, D, A (Crotchets, quavers)	C, D (Minims, crotchets)	D, F, G	D, F, G	D, F, G, A, C
Baby Elephant	N/A	N/A	N/A	N/A	N/A

Unit 4: Learning to Listen

Musicianship: Understanding Music	Musicianship: Improve Together - Activity 2
Tempo: 98bpm Time signature: 4/4 Key signature: A minor Rhythmic patterns using: Minims, crotchets and quavers Melodic patterns: A, E	As Unit 3

Songs	Instrumental Notes		Improvising	Composing	
	Part 1	Part 2	3 notes	3 notes	5 notes
Days Of The Week (Glockenspiel) 4/4, F major, 136bpm	F, G, A (Crotchets)	F, G (Minims)	F, G, A	F, G, A	F, G, A, C, D
Name Song (Glockenspiel) 4/4, C major, 124bpm	C, D, E (Crotchets)	C, D (Crotchets)	C, D, E	C, D, E	C, D, E, F, G
Cuckoo (Glockenspiel) 3/4, C major, 176bpm	C, D, E (Crotchets)	C, D (Crotchets)	N/A	N/A	N/A
Upside Down	N/A	N/A	N/A	N/A	N/A
Hush Little Baby	N/A	N/A	N/A	N/A	N/A
Who Took The Cookie?	N/A	N/A	N/A	N/A	N/A

Unit 5: Having Fun with Improvisation

Musicianship: Understanding Music		Musicianship: Improvise Together - Activity 3	
Tempo: 100bpm Time signature: 3/4 Key signature: C major	Rhythmic patterns using: Minims, crotchets and quavers Melodic patterns: C, G	Tempo: 100bpm Time signature: 3/4	Key signature: C major Improvise section using: C, D, E

Songs	Instrumental Notes		Improvising	Composing	
	Part 1	Part 2	3 notes	3 notes	5 notes
Getting Dressed (Glockenspiel) 4/4, C major, 106bpm	C, D, E, F, G, A (Minims, crotchets, quavers)	C, D, E (Minims, crotchets)	N/A	N/A	N/A
Dress Up	N/A	N/A	N/A	N/A	N/A
Brush Our Teeth (Glockenspiel) 4/4, C major, 144bpm	C, D, E (Minims)	C, D (Minims)	C, D, E	C, D, E	C, D, E, F, G
Get Ready (Glockenspiel) 4/4, C major, 88bpm	C, D, E (Crotchets)	C, D (Crotchets)	N/A	N/A	N/A
Up And Down	N/A	N/A	N/A	N/A	N/A
Star Light, Star Bright	N/A	N/A	N/A	N/A	N/A

Unit 6: Let's Perform Together!

Musicianship: Understanding Music		Musicianship: Improve Together - Activity 3
Tempo: 100bpm Time signature: 2/4 Key signature: G major	Rhythmic patterns using: Crotchets and quavers Melodic patterns: G, B, D	As Unit 5

Songs	Instrumental Notes		Improvising	Composing	
	Part 1	Part 2	3 notes	3 notes	5 notes
The Bear Went Over The Mountain	N/A	N/A	N/A	N/A	N/A
In The Sea (Glockenspiel) 2/4, C major, 100bpm	C, D, E, F (Crotchets)	C, D (Crotchets)	N/A	N/A	N/A
Alice The Camel (Glockenspiel) 4/4, C major, 152bpm	C, D, E, G (Minims, crotchets)	C, D, E (Minims, crotchets)	C, D, E	C, D, E	C, D, E, F, G
Ten Green Bottles (Glockenspiel) 2/4, D major, 116bpm	D, E, F#, G (Crotchets)	D, E (Crotchets)	N/A	N/A	N/A
Zootime (Glockenspiel) 4/4, C major, 122bpm	C, D (Crotchets, quavers)	C, D (Minims, crotchets)	C, D, E	C, D, E	C, D, E, F, G
She'll Be Coming 'Round The Mountain	N/A	N/A	N/A	N/A	N/A