

SACRED HEART CATHOLIC PRIMARY SCHOOL – Autumn / Winter 2024/25 MENU

September					October					November					December					January					February				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
2	3	4	5	6		1	2	3	4					1	2	3	4	5	6			1	2	3	3	4	5	6	7
9	10	11	12	13	7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	10	11	12	13	14
16	17	18	19	20	14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	17	18	19	20	21
23	24	25	26	27	21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24					
30					28	29	30	31		25	26	27	28	29	30	31				27	28	29	30	31					

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main Option 1	Homemade Margherita Pizza with Oven Baked New Potatoes	BBQ Chicken with Noodles	Roast Chicken with Yorkshire Pudding and Gravy	Hot Dog	Oven Baked Fish Fingers
	Main Option 2	Neapolitan Pasta	Jacket Potato with a Choice of Filling	Roast Quorn with Yorkshire Pudding and Gravy	Vegetable Burger in a Roll	Crispy Quorn Dippers
	Veg	Seasonal Vegetables	Seasonal Vegetables	Roast Potatoes or Rice Seasonal Vegetables	Homemade Potato Wedges Seasonal Vegetables	Chips or Pasta Peas Baked Beans
	Main Option 3	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap
	Dessert	Fresh Fruit / Yoghurt Or Jelly with Mandarins	Fresh Fruit / Yoghurt Or Apple Crumble with Custard	Fresh Fruit / Yoghurt Or Shortbread	Fresh Fruit / Yoghurt Or Chocolate Brownie	Iced Fruit Smoothie Or Pudding of the Day
Week 2	Main Option 1	Homemade Ham and Cheese Pizza	Salmon Fish Fingers with New Potatoes	Roast Sausages with Yorkshire Pudding and Gravy	Pasta Bolognese	MSC Oven Baked Fish Fillet
	Main Option 2	Vegetarian Enchiladas	Macaroni Cheese	Roast Vegan Quorn Sausages with Yorkshire Pudding and Gravy	Tomato and Mozzarella Pasta Bake	Vegetable Goujons
	Veg	Oven Baked New Potatoes Seasonal Vegetables	Seasonal Vegetables	Roast Potatoes or Rice Seasonal Vegetables	Seasonal Vegetables	Chips or Pasta Peas Baked Beans
	Main Option 3	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap
	Dessert	Fresh Fruit / Yoghurt Or Jelly with Mandarins	Fresh Fruit / Yoghurt Or Fruit Cheesecake	Fresh Fruit / Yoghurt Or Shortbread	Fresh Fruit / Yoghurt Or Apple Flapjack	Iced Fruit Smoothie Or Pudding of the Day
Week 3	Main Option 1	Homemade Margherita Pizza	Mild Beef Tacos with Rice	Roast Chicken with Yorkshire Pudding and Gravy	Crispy Chicken Bites	MSC Oven Baked Fish Fillet
	Main Option 2	Vegetable Frittata	Vegan Bolognese	Roast Quorn with Yorkshire Pudding and Gravy	Cheese and Tomato Pinwheel	Crispy Quorn Dippers
	Veg	Oven Baked New Potatoes Seasonal Vegetables	Seasonal Vegetables	Roast Potatoes or Rice Seasonal Vegetables	Homemade Potato Wedges Seasonal Vegetables	Chips or Pasta Baked Beans Sweetcorn
	Main Option 3	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap	Cheese or Ham Bap
	Dessert	Fresh Fruit / Yoghurt Or Jelly with Mandarins	Fresh Fruit / Yoghurt Or Lemon Drizzle Cake	Fresh Fruit / Yoghurt Or Shortbread	Fresh Fruit / Yoghurt Or Vanilla Sponge with Sprinkles	Iced Fruit Smoothie Or Pudding of the Day