



Live Simply Live Sustainably Live in solidarity

IDEAS!!

simply

- write prayers for our global family impacted by war and conflict
- bring a neighbour or relative to a school event
- volunteer to help at gardening club or nature club
- volunteer at a TLC day
- walk to school more instead of drive



sustainably

- Send old school uniform into school for our pre loved sales
- Turn of electrical equipment, not leave it on standby!
- Go on litter pick in the local area
- Buy Fairtrade products
- Clear out old toys and books for a a swap at school



in solidarity

- Support school global fundraising projects
- Support the local foodbank
- Gather items for the local homeless shelter
- Raise awareness for these projects wherever you can
- Stand up for those less fortunate than ourselves
- Volunteer for Age UK's telephone Friendship Service

