

WEEK 1

22 April
13 May
10 June
1 July
22 July
2 Sept
23 Sept
14 Oct

Monday

BBQ Chicken with Noodles
OR
Cheese and Tomato Pizza
New Potatoes
Sweetcorn • Broccoli
Cheese or Ham Baps
Fruit Chocolate
Kracknell

Tuesday

Homemade Beef Lasagne
OR
Sweet and Sour Quorn with Rice
Garlic Bread
Green Beans • Cauliflower
Cheese or Ham Baps
Strawberry Jelly with Peaches

Wednesday

Roast Gammon with Yorkshire Pudding and Gravy
OR
Vegetarian Sausage Toad in the Hole with Gravy
Roast or New Potatoes
Spring Cabbage • Carrots
Cheese or Ham Baps
Fruity Flapjack

Thursday

Oven Baked Butchers' Sausages in a Roll
OR
Macaroni Cheese
Carrots • Sweetcorn
Cheese or Ham Baps
Chocolate Brownie with Peaches

Friday

Oven Baked Fish Fillet
OR
Homemade Omelette
Chips or Pasta
Baked Beans • Peas
Cheese or Ham Baps
Frozen Strawberry and Vanilla Mousse with Fresh Fruit

WEEK 2

29 Apr
20 May
17 June
8 July
9 Sept
30 Sept
21 Oct

Monday

Chicken and Bacon Pasta Bake
OR
Cheese and Tomato Pizza
New Potatoes
Sweetcorn • Green Beans
Cheese or Ham Baps
Fruit Muffin

Tuesday

Minced Beef and Vegetable Pie
OR
Vegetarian Meatballs with Gravy
Mashed Potatoes
Carrots • Broccoli
Cheese or Ham Baps
Apple Crumble with Cream

Wednesday

Roast Turkey with Yorkshire Pudding and Gravy
OR
Quorn Fillet with Yorkshire Pudding and Gravy
Roast Potatoes or Rice
Spring Cabbage • Cauliflower
Cheese or Ham Baps
Fruit Shortbread

Thursday

Crunchy Chicken
OR
Jacket Potatoes with a Choice of Fillings
Baked Beans • Carrots
Cheese or Ham Baps
Peach Oaty Crunch

Friday

Oven Baked Breaded Fish Fingers
OR
Crunchy Quorn Dippers
Chips or Pasta
Peas • Sweetcorn
Cheese or Ham Baps
Iced Fruit Smoothie with Fresh Fruit

WEEK 3

6 May
3 June
24 June
15 July
16 Sept
7 Oct

Monday

Turkey Meatballs with Tomato Sauce and Pasta
OR
Cheese and Tomato Pizza
New Potatoes
Broccoli • Sweetcorn
Cheese or Ham Baps
Fruity Golden Krispy Cake

Tuesday

Sweet and Sour Pork with Rice
OR
Oriental Quorn Wrap
Broccoli • Carrots
Cheese or Ham Baps
Fruit Cheesecake

Wednesday

Roast Turkey with Yorkshire Pudding
OR
Roast Quorn Fillet with Yorkshire Pudding
Roast Potatoes or Rice
Spring Cabbage • Carrots
Cheese or Ham Baps
Waffle with Fruit Salad and Chocolate Sauce

Thursday

Pasta Bolognese
OR
Southern Style Quorn Burger
Green Beans • Sweetcorn
Cheese or Ham Baps
Iced Apple Sponge

Friday

Oven Baked Fish Fillet
OR
Homemade Omelette
Chips or Pasta
Peas • Baked Beans
Cheese or Ham Baps
Ice Cream with Fruit

